

CRJSA Coach Information

Coaches on field during play

Only the game leader/instructing referee/referee is allowed to enter the field of play while the game is in progress. Coaches should remain off the pitch, on the sidelines.

Referees

Coaches from each team shall agree who referees the match unless an official referee is appointed. Usually team coaches referee one half each.

Coach Guidelines

- Coaches are expected to evenly interchange players to give players of less ability the chance to participate and improve their skills.
- Players should not be played in positions before under 8
- Players other than the goal keeper should not be put in positions where they are standing still; all positions should move relative to the ball/other players
- Training is the time to teach, the game is the players time to show what they can do – let the children play with minimal instruction or they will not learn to think for themselves
- Do not point out every mistake that is made; talk about the consequences of actions players have taken and encourage them to think of solutions.
- Frame comments as a question, for example "what happened when you did ...?" and then "why do you think that happened?"
- Players learn far quicker if they think about what happened
- Use the game to work out what you should do a training
- Do not allow parents to start coaching their kids during the games; it is a team sport and a team is playing not a group of individuals.

Spectator Behaviour

Spectators are expected to comply with the FFA code of conduct, and may need to be reminded of this by the coach from time to time. The code of conduct includes:

- Show common courtesy and respect for the opposition team, coaches, officials and other parents.
- Never ridicule or scold a player for making a mistake.
- Encourage players to always play by the rules

In addition it is required that spectators:

- Do not stand adjacent to or just behind the goals.
- Keep a distance of at least 1.5 metres from the field of play for the safety of players.

Coaches should ensure that their team's spectators comply with these requirements.

First Aid Equipment

- All teams should be equipped with a basic first aid kit, suitable for sports.
- People who render assistance to players injured should be suitably experienced in the administration of sports first aid - if in doubt, seek assistance.
- Disposable items and gloves should be used due to the risk of infections such as Hepatitis or HIV.

Safety

- National policy is that no dangerous items can be worn during games such as rings, necklaces, bracelets, watches and plaster casts.
- The wearing of glasses is only permitted when special sports glasses approved by Optometrists are worn.
- Any player found to be bleeding must be immediately removed from the game, and not permitted to return until bleeding has stopped, any wound covered and blood stained clothing replaced.
- Play should be halted when any player is or appears to be injured.
- Injured players should only be moved by their parents/guardians or by qualified officials.

Player Equipment

- Each player shall wear a shirt, shorts or tracksuit bottoms, shin guards, socks which fully cover the shin guards, and footwear.
- Goalkeepers must wear a shirt that is a different colour from their team players and opposition players.
- In the event of a clash of team colours bibs can be used.
- Boots should not have stops with sharp edges.
- Mouthguards are optional, but highly recommended.
- Gloves can be worn during cold weather
- The wearing of hard brimmed hats is restricted to the goalkeeper.

Player Discipline

There are no cautions or send offs in CRJSA games. Players who continually or deliberately break the rules should be told why their behaviour is unacceptable and their coach should be informed. If necessary the player should be given a period of enforced substitution to calm down or receive extra coaching. It is important that the coaches of both teams act cooperatively to enforce discipline, and that they accept the referee's decision.

Disputes

Disputes at the game between coaches or spectators should be avoided for the benefit of the children participating. The following points map out the process for resolving disputes:

- Coaches are strongly encouraged to attempt to resolve any concerns with the opposition coach at the game (eg query about overage players, discuss understanding and interpretation of rules before the game starts etc)
- Coaches are to contact their club/school delegate about issues which are not able to be resolved at the game – it is better to do this than to get involved in an argument at the game
- Club/school delegate is then to contact delegate of other club/school to discuss the issue and try to mediate a solution
- If a satisfactory resolution cannot be reached between delegates, or if the matter is deemed to be of a serious nature, then issue should be raised with Central Executive for a final ruling and any appropriate action